E-Mental health : a European project

With 165 million people (38% of the population) affected each year in Europe, mental health problems represent a major economic and societal challenge.

The average use of e-mental health tools and services in North-Western Europe is currently 8%, a low percentage compared to other health sectors. Effective, user-based and quality e-mental health can play an important role in addressing the challenges facing the mental health field. From the promotion of well-being, to the support of mental disability, to the prevention of disorders and their management, e-health can indeed provide new solutions.

The E-men project aims to promote more accessible, effective and empowering mental health care through e-mental health.

E-men is a unique combination of activities in the fields of development of e-mental health tools, their evaluation, advocacy and awareness raising/information. It involves developers, decision-makers and users of e-health devices and services. Improving mental health by exploiting the potential of technology requires the cooperation of these different actors.

www.nweurope.eu/emen

**DATE OF EVENT**

DECEMBER 11, 2018

Rennes, FRANCE

**Venue:**
École des hautes études en santé publique (EHESP)
Petit amphithéâtre
15, avenue du Professeur-Léon-Bernard
35043 Rennes (France)

Free but mandatory registration
www.ccomssantementalelillefrance.org

English & French (simultaneous translation provided)
E-Mental health: Evidence-based and safe?

08:45-9:15
Registration

9:15-9:30
Opening
- Jean-Luc Roelandt, Director, WHOCC for Research and Training in Mental Health of Lille
- Laurent Chambaud, Director, French School of Public health (EHESP)
- Elizabeth Sheppard, Medical Director & Bernard Garin, Director Guillaume Régnier Hospital of Rennes

9:30-11:00
Ethical issues
- J.L. Van Duivenboden, Consultant eHealth, Dutch Competence Center for Standardisation and eHealth (Nictiz)
- Jean-Philippe Cobiault, Director of the « Centre d’Ethique Médicale » (ETHICS EA 7446), Université Catholique de Lille

11:00-11:30
Coffee break

11:30-12:30
Legal issues
- Pierre Simon, Medical doctor and formerly President of the French Telemedicine Society

12:30-13:30
Lunch

13:30-14:30
Research methods in e-mental health
- Xavier Brieffaut, Sociologist of mental health, CNRS

14:30-15:30
Quality evaluation
- David Sainati, Pharmacist and President, Medappcare
- Dee O’Sullivan, Director, myhealthapps.net & PatientView

15:30-16:15
Round table: local developers present their views
- Laurent Protin, Director, Normandie Incubation
- Emmanuel Cordonnier, Eric Guiffard, Director of the laboratory « Connected Healthcare », Institut de Recherche Technologique b<>com Rennes

16:15-16:30
Conclusions
- Charlotte Marchandise, Deputy Mayor, Rennes Municipality

Facilitation of the seminar:
- Karine Lefeuvre, Professor of Law and Ethics, French School of Public health (EHESP)
- Déborah Sebbane, Psychiatrist, WHOCC Lille, Lille University Hospital
- Oyono Vlijter, E-men project leader, Arq Foundation